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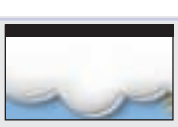

High 15°
Low 8°
WEATHER P. 23

TIM WIECLAWSKI/METRO OTTAWA

The April 2007 introduction of Transit Special Constables like Sabina Majury, front, and Jim McIntyre to OC Transpo routes and stations are seen as a major reason for a 32 per cent drop in crime.

Things better on buses

Crime dropped after transit constables rolled out

By **TIM WIECLAWSKI**
Metro Ottawa

Special constables with powers of arrest are being credited for a nearly one-third drop in crime rates on Ottawa's transit routes.

While ridership is up by almost four million trips, overall crime is down by 32 per cent along OC Transpo bus routes and on the O-Train — a statistic that's being largely attributed to the introduction of Transit Special Constables in April 2007.

Although the number of service calls increased by 3,958 in 2007 to 12,562, there were 201 fewer criminal charges laid. John Jensen, Ottawa's manager of transit support, said those numbers represent a success for the program.

"That means to us that there is an increased level of safety because the calls we're getting are less severe," he said.

> *« I've seen them around on the buses ... I guess it makes me feel safer. »*
>
> *Commuter Becky Astor*

Jensen said special constables' higher profile, and the fact they have police-like powers to make arrests, are likely acting as a deterrent to criminal activity.

Special Constable Jim McIntyre said the power to arrest people and access to the same criminal databanks as Ottawa Police use has made it easier to keep order.

McIntyre, who was previously employed as a transit security guard, said having authority to be able to respond instantly to situations means constables can sometimes nip criminal activity before it even begins. Previously, he said, security guards could only try to detain offenders and call police to deal with them.

Becky Astor, a commuter Metro spoke with at the Albert-Metcalfe bus station yesterday, said special constables have not been intrusive, but it's good to know they're there.

"I haven't had any interaction with them so far, but I've seen them around on the buses," she said. "I guess it makes me feel safer."

There are 41 constables now on duty. Jensen said crime statistics and the performance of the program will dictate whether the program is expanded.

Alain Mercier, director of transit services, said security remains a priority, especially at night for people working or studying late.

OC Transpo will next year be establishing safety zones at transit stations that are well lit, monitored by surveillance cameras and have emergency phones installed.

– tim.wieclawski@metronews.ca

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ottawa

In the past week in Ottawa, three drivers have been stopped travelling 50 kph or more over the limit and charged with stunt driving, including one man — George Lathouras, 50, of Mont-Tremblant — who is charged with driving at 210 kph in a Porsche 930 Turbo on the Queensway. SOURCE: OTTAWA ONTARIO PROVINCIAL POLICE

Congress centre cash rolls in

Conditions have been met for city support: Durrell

By **TRACEY TONG**
Metro Ottawa

With its final $20 million payment, the province has now anted up $50 million towards a new congress centre here — and federal cash is not far behind.

"They've showed us the money," Ottawa Congress Centre chairman Jim Durrell said yesterday at an update into the $170-million project.

The federal government's money has yet to land in the bank, but Durrell said Transport Minister Lawrence Cannon confirmed in writing this week that the Conservatives will also be providing $50 million.

SUBMITTED IMAGE

An artist's rendition of the expanded congress centre.

Durrell said yesterday he's now "satisfied" that all conditions needed to move forward with the new centre have been met, paving the way for a $40-million contribution from Ottawa.

"The board is very confident that this is going to happen," Durrell said. "We've passed the point of no return."

Mayor Larry O'Brien said council has to deal with some conditions, but most members are on board.

Demolition of the building begins in September and construction begins by March 2009. The facility will take up to 21 months to build.

Demolition will take longer than usual because approximately 90 per cent of the facility's materials will be recycled, Durrell said.

Built in 1983, the centre no longer accommodates Ottawa's growing needs, Ontario Tourism Minister Peter Fonseca said yesterday. He said Ottawa has lost thousands of lucrative events over the years because the city's congress centre could not accommodate them.

"That's lost opportunity," said Fonseca. "A redeveloped congress centre will be a huge boost for the economy."

The new congress centre will create jobs and bring in tourism dollars, said Ottawa Centre MPP Yasir Naqvi.

The new building features 200,000 square feet of space — triple the present size — while the exterior will feature more modern lines, foliage and green space.

–tracey.tong@metronews.ca

Has city student faked out the flu?

Health Canada looking at project

An Ottawa teen's science project is being examined by Health Canada as a possible new way of fighting the flu.

Grade 12 Hillcrest High School student Maria Merziotis won a national science competition yesterday with an experiment that synthesizes a floating form of sialic acid (sialyllactose) that acts as a synthetic receptor for the influenza virus, which infects by binding to sialic acid on the surface of human cells.

Working with Dr. Michel Gilbert of the National Research Council's Institute of Biological Sciences, Merziotis, 17, theorized that injections of floating sialyllactose could potentially cause the flu virus to attach to the artificial receptor rather than cells, preventing infection.

The teen's research has already been tested by Health Canada with encouraging results, said Merziotis.

"But it is really a long shot," she said, "and its efficacy would really need to be tested and demonstrated in animals before it is considered for humans."

Merziotis took the $5,000 first prize at the Sanofi-Aventis BioTalent Challenge yesterday and will compete at an international contest in San Diego next month.

METRO OTTAWA

City woman foils attack

A 40-year-old woman fought off a man who tried to sexually assault her as she was taking out the trash outside her home in the city's southwest end.

Ottawa police said yesterday that a man grabbed a woman late Sunday night when she was putting out the garbage at her home in the Woodroffe Avenue and Majestic Drive area. She punched the man and escaped with minor injuries.

The suspect is described as possibly of Latin descent, about 5'8," with short black hair, clean-shaven and a stocky build. He was wearing a plain black ball cap, a nylon windbreaker, blue jeans and white shoes. Anyone with information can call Ottawa police at 613-236-1222, ext. 5944, or Crime Stoppers at 613-233-8477. METRO OTTAWA

Huge hug ends shy of record

But student event raises $310,000 for local charities

By **TRACEY TONG**
Metro Ottawa

A few shy people in a chain of nearly 12,000 "bear huggers" may have cost Ottawa a world record, but organizers are consoling themselves with the fact their event far surpassed its fundraising goal.

> *« In our hearts, we did achieve it. We just weren't able to get the picture. But now we know for next time. »*
>
> *Monique Amyot of the Bear Hug Committee*

A review of video from the 2008 Bear Hug — in which students from 10 city high schools lined both sides of the Rideau Canal, from Pretoria Bridge to Rideau Street, for a simultaneous hug — uncovered a small gap in the chain that disqualifies the event from Guinness World Records consideration.

But the 11,783 participants in the April 25 event raised a record $310,000 for cancer research and patient care in the area, exceeding their goal of $130,000, organizers said yesterday.

Monique Amyot, of the Bear Hug Committee, said students got behind the idea and the event is almost sure to be held again next year.

"The kids like the idea of the hug," said Amyot. "It shows warmth."

Word of the project "mushroomed" among city schools, said Amyot. "I have schools calling me saying they want to do this next year."

JAMES MACLENNAN/METRO OTTAWA FILE PHOTO

Nearly 12,000 students and supporters lined the Rideau Canal on April 25 to try to set a world record for the largest group hug. Organizers announced yesterday that the record bid fell short.

Amyot said students weren't too disappointed to learn they fell short of a world record.

"In our hearts, we did achieve it. We just weren't able to get the picture. But now we know for next time."

The funds raised will be shared equally among the Ottawa Hospital Foundation, the Children's Hospital of Eastern Ontario Foundation and the Ottawa Senators Foundation.

The hug featured 10,573 students, 810 teachers and 400 bus drivers and volunteers in a human chain.

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Transit mulls extension options

25 families fight Roman Avenue expropriation

By **TIM WIECLAWSKI**
Metro Ottawa

Barry Dickman could claim a small victory in one battle yesterday, but the war against eviction is still looming for 25 families on Roman Avenue.

Yesterday, Ottawa's transit committee voted to exhaust all available options for a Transitway extension between Pinecrest Road and Bayshore Avenue before it considers expropriating 25 homes on Roman Avenue in order to complete the project.

One option is to take a lane off each side of the Queensway to make bus lanes, though city staff warned that the transportation ministry is already planning to expand the highway to eight car lanes of traffic.

Coun. Clive Doucet said the cost of destroying the neighbourhood outweighs the benefit they would receive from the new Transitway.

> « *When they shake up a family like this, it's devastating.* »
>
> *Roman Avenue resident Barry Dickman*

"We are talking about a 35-second advantage from $100 million in construction," he said. "The solution is to paint some diamonds on a lane on the 417 and run some buses down it."

Bay ward councillor Alex Cullen agreed using Highway 417 for a Transitway extension was the best option, but he's skeptical the province would allow it. If the province refuses, the transit committee will vote to approve an environmental assessment of other routes from Pinecrest to Bayshore, including a route that could require the demolition of the 25 homes.

The city could end up buying the affected houses at market value from anyone hoping to move immediately.

Dickman was pleased his family had at least another month to organize their defence, but he was hopeful the province would surrender the 417 lanes to sidestep the expropriation option.

"There is a new movement now. Get out of cars and into buses. I hope the province will go along with it," he said.

Four generations of the Dickman family live in three houses along the affected portion of the Roman Avenue. Barry, his son and grandchildren live on the south side and could potentially be evicted. His father has lived on the north side.

"When they shake up a family like this, it's devastating," he said.

-tim.wieclawski@metronews.ca

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assault

Clarington Park victim recovering

SURGERY Investigators expect to be able to speak within the next 24 hours with an assault victim who was found nearly naked in a wooded area of Carlington Park last Saturday.

Sexual Assault Unit Sergeant Gina Rosa said that the victim, a woman in her 30s, is in stable condition, but will undergo surgery for her injuries within in the next week. Police previously said that their investigation depends on an interview with the victim.

A man walking with his grandson and dog found the semi-conscious woman at around 8:20 a.m. Saturday. She was treated for serious injuries at Ottawa Civic Hospital.

METRO OTTAWA

canada

The Toronto Zoo has found a new home for three male reindeer after being hit by a wave of public anger last month when it euthanized two newborns because of overpopulation. REUTERS

Kyoto rule violations investigated

Canada may face UN carbon trading suspension if guilty

Canada will be investigated on suspicion of violating rules for registering greenhouse gases that are the mainstay of a UN-led fight against global warming, official documents show.

Ottawa played down the news, saying it was taking quick steps to ensure it complied by the rules.

Canada could be suspended from rights to trade carbon dioxide if found to be in breach of the rules by the enforcement branch of the UN's Kyoto Protocol. Greece was suspended last month, the first country to face such a sanction.

"On 5 May 2008 Canada was given an official notification of the decision of the enforcement branch to proceed" with a formal question over compliance with rules on registering emissions, the enforcement branch said. The enforcement branch warned Canada last month that it risked scrutiny over alleged shortfalls in its greenhouse gas registry. REUTERS

Fallen soldier **Ramp ceremony**

PETER ANDREWS/REUTERS

Pallbearers carry the coffin of Cpl. Michael Starker of 15 Field Ambulance onto an Air Force aircraft during a ramp ceremony at the Kandahar air field yesterday. Cpl. Starker was killed on Tuesday and another Canadian soldier was wounded while on patrol.

Nursing home care not improving: Group

Says patient care hours stagnant

The government's own statistics show the amount of care nursing home residents are getting is not improving despite millions of dollars poured into the sector, the Ontario Health Coalition charges.

In a 28-page study to be released today and obtained by Torstar News Service, the lobby group found daily care per resident rose in the first three years of the Liberal government but peaked in 2006 at 2.85 hours. The coalition says the numbers are stagnant. TORSTAR NEWS SERVICE

native communities

Smokes fuelling exploitation: RCMP

GANGS Cheap contraband smokes are fuelling the criminal activity of more than 100 different organized crime gangs who are "exploiting" native communities across Canada and their "politically sensitive" relationship with government and police, the RCMP said yesterday. They said a carton of 200 cigarettes is being sold for as little as $6.

TORSTAR NEWS SERVICE

»news

In Brief

» **MANUFACTURING** Premier Dalton McGuinty, will make a trip to Italy on May 21 to pitch to auto giant Fiat SpA on setting up manufacturing plants in Ontario his office confirmed yesterday. REUTERS

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world business

Myanmar pressured

Cyclone-ravaged nation urged to open its borders

REUTERS PHOTO

Children sit amidst the debris of their destroyed homes southwest of Yangon yesterday.

The first United Nations relief flights started to arrive late yesterday for cyclone victims in military-ruled Myanmar as a U.S. diplomat said that more than 100,000 people may have been killed.

The cyclone slammed into coastal towns and villages in the rice-growing Irrawaddy delta southwest of Yangon on Saturday, the most devastating storm to hit Asia since 1991, when 143,000 people were killed in neighbouring Bangladesh.

Witnesses reported that villages were destroyed and people fought for survival by clutching trees as the storm brought walls of water charging inland from the sea.

Aid has been trickling in from other Asian nations, although frustrated governments and relief agencies are putting increasing pressure on Myanmar's reclusive military rulers to throw their borders wide open to as much help as possible.

Thailand, Japan, India, China, Singapore and Indonesia were all flying in assistance.

"The first plane has arrived with food supplies and three other flights were scheduled this morning," said Paul Risley, spokesman for the UN World Food Programme in Bangkok.

Reports of cyclone damage in a country that used to be the world's largest rice exporter added to worries about tight global supplies of the grain.

Richard Horsey of the UN Office of the Coordination of Humanitarian Affairs said in Bangkok that 5,000 square km of the delta were under water.

But the government insists it has enough reserves, although the the UN's Food and Agriculture Organization said damage to crops and stores in the delta rice bowl could mean that Myanmar will need short-term imports and miss its 2008 export targets.

At the United Nations in New York, John Holmes, UN undersecretary-general for humanitarian affairs, said four Asian aid workers who did not need visas would get in but other UN aid workers were still waiting for travel permits. REUTERS

Security costs hurt N. American cars

Border delays a misallocation of resources: Minister

Chinese and Indian cars will soon hit the North American market and will have a price advantage, partly because security-related costs add to the price of North American vehicles, Industry Minister Jim Prentice said yesterday.

Prentice said the costs and delays involved in North American automobile parts travelling back and forth across the U.S.-Canadian border on their way to final assembly add several hundred dollars to the price of a North American vehicle.

Speaking at a conference in Washington, Prentice said of the delays, "Not only do we hamper the legitimate trade and travel that provide the foundation for North American prosperity, but we are also clearly misallocating resources." REUTERS

faster trade

» Prentice said resources should target areas of highest risks while lowering barriers and improving border infrastructure to make trade move faster.

Calgary **Enbridge profits up**

TODD KOROL/REUTERS

Patrick Daniel, president and CEO of Enbridge, addresses shareholders yesterday at the company's annual general meeting in Calgary. Enbridge Inc. said its first-quarter profit climbed 11 per cent as the company moves ahead on $12 billion in projects to carry oilsands crude to U.S. markets.

China **Torch reaches top**

REUTERS/XINHUA/CHAGXI CERING

In this picture distributed by China's official Xinhua News Agency, the Olympic torch of the first torchbearer Gegyi is lit with a kindling at the top of the 8,848-metre summit of the world's highest mountain Mount Everest, in Tibet Autonomous Region, yesterday.

Clinton loaned own campaign $6.4M

Barack Obama took a commanding lead in the Democratic presidential race yesterday, but Hillary Clinton vowed to fight on after it was revealed she had loaned her campaign $6.4 million in recent weeks.

Obama's big win in North Carolina and Clinton's slim victory in Indiana widened his advantage in their battle for the right to face Republican John McCain in the November presidential election with just six contests remaining. The results left the cash-strapped Clinton campaign with little chance to halt Obama's march to the nomination.

But the New York senator brushed off calls to drop out of the race.

"I'm staying in this race until there is a nominee," Clinton told reporters after a campaign rally in West Virginia, which holds a primary Tuesday. REUTERS

»news In Brief

» **MEETING** More than three dozen Nobel Prize winners will meet behind closed doors and "fortress-like" security next month in the ancient Jordanian city of Petra to discuss solutions to the world's problems, including the current food crisis.

» **FIGHTING** Supporters of Lebanon's U.S.-backed government fought battles in Beirut yesterday with gunmen loyal to the Hezbollah-led opposition, escalating the worst internal crisis since the 1975-90 civil war. REUTERS

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sports

Toronto native Joey Votto, left, clubbed three homers to tie a Reds record as the Cincinnati cruised to a 9-0 victory over the Chicago Cubs yesterday in the rubber match of a three-game series. METRO NEWS SERVICES

Spezza fine with line juggling

Team Canada centre not sulking as 'fourth liner'

For a guy who has seen his ice time dwindle over three games at the world hockey championships, Jason Spezza is taking his demotion to Team Canada's fourth line rather well.

"Grinding it out, that's the strength of my game," Spezza joked yesterday in Halifax. "I'm playing with a guy in (Patrick) Sharp who scored close to 40 goals. I don't think it's too much of a demotion."

There was no sulking, no sense of a deflated ego, no me-first comments, just the attitude that permeates throughout these players that they're putting team needs ahead of personal glory. "You just want to have a regular shift at these things," said Spezza. "Everybody's a great player. Your so-called fourth line here could be a first line on most NHL teams."

Spezza

Yet there has to be some concern about the Ottawa Senators star who sputtered through the playoffs on a bad knee in a four-game sweep by the Pittsburgh Penguins.

Spezza says he's healthy, but his line with Eric Staal on left wing and Martin St. Louis on right just didn't gel. Derek Roy got a tryout on the line against the Americans, scored, and now has a gig on the second line. Staal will move back to centre.

Spezza, with one assist in three games, has seen his ice time come down from 15:39 in Game 1 to 14:33 in Game 2 to 9:50 against the Team USA, third lowest on the team.

"I know it does (look like a demotion), but don't read anything into it," said Team Canada coach Ken Hitchcock. "I like the way he's playing, he's managing the puck the right way.

"To me, he's getting better and better. His pace is up there. He was 15 and 14 minutes before because we didn't have a lot of power plays, and he doesn't kill penalties for us."

Hitchcock took stock of his team yesterday after practice, reflecting on a 5-4 victory over Team USA that exposed more than a few problems. He said his defencemen were too eager to lead the rush. He doesn't want to get into a game like that again where both teams essentially trade chances.

"It looked at times like a ping pong game, with a 3-on-2 this way, and 3-on-2 that way," said Hitchcock. "That's the area that we've got to get better at. We don't want to get into games where we're doing nothing but trading chances. Some teams play like that and don't mind doing that. It's not the way we play to be successful."

Canada will take on Norway in the team's first second-round game today in Halifax at 3:30 p.m.

TORSTAR NEWS SERVICE

Maurice gets axe as Leafs' bench boss

The Toronto Maple Leafs fired head coach Paul Maurice yesterday after he failed to lead the team into the playoffs during his two seasons behind the bench.

Maurice

Maurice, 41, who still had one year left on a three-year contract, was named coach in 2006. His dismissal completes a house cleaning that began with the firing of general manager John Ferguson Jr. in January.

"What this does now is pave the way for when a new management team is in place to bring in a new coaching staff with them," interim general manager Cliff Fletcher said at a press conference.

Maurice, a former coaching wunderkind who landed his first NHL head coaching job at just 28, ended with a 76-66-22 record with the Leafs.

REUTERS

He scores **Finland claims Group C title**

PAUL DARROW/REUTERS

Finland's Tuomo Ruutu gets past Slovakia goalie Peter Dudaj to score his team's second goal in the first period yesterday at the world hockey championships in Halifax. Finland won 3-2 to take top spot in Group C, while the Swiss beat the Swedes 4-2 to finish first in Group A.

Stars ready for Wings

Dallas looking to forget 4OT game as Detroit looms

The Dallas Stars were weary after their quadruple overtime win over San Jose in the early hours of Monday, but still eager to play the Detroit Red Wings in the NHL Western Conference Finals starting tonight.

"It's like playing back-to-back games from a conditioning standpoint," goalie Marty Turco told reporters on Tuesday about the five-hour 14-minute second-round series clincher against the Sharks.

"Yesterday I know there were a few guys who didn't sleep as long as they would have liked. Got up with the mind wandering, the body aching a little bit. This morning was reality a little bit more, a little extra stiffness than most mornings."

Captain Brenden Morrow scored a power-play goal to lift the Stars to their first conference final since 2000 with the 2-1 win in Dallas that clinched the best-of-seven series 4-2.

Turco played brilliantly against the Sharks, turning away 61 of 62 shots in Sunday's marathon game.

The netminder faces a new challenge as his team battles to reach the Stanley Cup Finals — reversing his NHL mark against the Wings, particularly at Detroit's Joe Louis Arena.

Turco is 2-10-5 in his career against Detroit, and 0-7-2 versus the Wings at Joe Louis.

"There's not anything that's done in the past, positive or negative, that affects you going into the playoffs," Turco said.

REUTERS

SCOREBOARD

NHL

CONFERENCE FINALS
EASTERN CONFERENCE
PHILADELPHIA VS. PITTSBURGH
Game 1 — Tomorrow
Philadelphia at Pittsburgh, 7:30
Game 2 — Sunday
Philadelphia at Pittsburgh, 7:30
Game 3 — Tuesday
Pittsburgh at Philadelphia, 7:30
Game 4 — Thursday, May 15
Pittsburgh at Philadelphia, 7:30
*Game 5 — Sunday, May 18
Philadelphia at Pittsburgh, 3
*Game 6 — Tuesday, May 20
Pittsburgh at Philadelphia, 7:30
*Game 7 — Thursday, May 22
Philadelphia at Pittsburgh, 7:30
WESTERN CONFERENCE
DALLAS VS. DETROIT
Game 1 — Tonight
Dallas at Detroit, 7:30
Game 2 — Saturday
Dallas at Detroit, 7
Game 3 — Monday
Detroit at Dallas, 8
Game 4 — Wednesday
Detroit at Dallas, 8
*Game 5 — Saturday, May 17
Dallas at Detroit, 1:30
*Game 6 — Monday, May 19
Detroit at Dallas, 8
*Game 7 — Wednesday, May 21
Dallas at Detroit, 7:30
(* – if necessary)

NBA

CONFERENCE SEMIFINALS
EASTERN CONFERENCE
BOSTON VS. CLEVELAND
Game 2 — Tonight
Cleveland at Boston, 7
Game 3 — Saturday
Boston at Cleveland, 8
(Boston leads series 1-0)
DETROIT VS. ORLANDO
Game 3 — Last night
Orlando 111 Detroit 86
Game 4 — Saturday
Detroit at Orlando, 5
(Detroit leads series 2-1)
WESTERN CONFERENCE
L.A. LAKERS VS. UTAH
Game 2 — Last night
Utah at L.A. Lakers
Game 3 — Tomorrow
L.A. Lakers at Utah, 9
(L.A. Lakers lead series 1-0)
NEW ORLEANS VS. SAN ANTONIO
Game 3 — Tonight
New Orleans at San Antonio, 9:30
(New Orleans leads series 2-0)

MLB

YESTERDAY'S RESULTS
AMERICAN LEAGUE
Toronto 6 Tampa Bay 2
Oakland 6 Baltimore 5 (10 ings)
Detroit 10 Boston 9
Cleveland 3 N.Y. Yankees 0
Kansas City 9 L.A. Angels 4
Minnesota at Chicago W. Sox
Texas at Seattle
NATIONAL LEAGUE
Cincinnati 9 Chicago Cubs 0
N.Y. Mets 12 L.A. Dodgers 1
Pittsburgh 3 San Francisco 1
Atlanta 5 San Diego 2
Florida 6 Milwaukee 2
Houston 4 Washington 3
St. Louis at Colorado
Philadelphia at Arizona
TODAY'S GAMES
AMERICAN LEAGUE
Cleveland at N.Y. Yankees, 1:05
Minnesota at Chicago W. Sox, 2:05
Boston at Detroit, 7:05
Tampa Bay at Toronto, 7:07
Baltimore at Kansas City, 8:10
Texas at Seattle, 10:10
NATIONAL LEAGUE
San Francisco at Pittsburgh, 12:35
San Diego at Atlanta, 1
St. Louis at Colorado, 3:05
Philadelphia at Arizona, 3:40
Milwaukee at Florida, 7:10
Washington at Houston, 8:05

QMJHL PLAYOFFS

CHAMPIONSHIP SERIES
ROUYN-NORANDA VS. GATINEAU
Game 4 — Last night
GATINEAU 4 Rouyn-Noranda 1
Game 5 — Tomorrow
GATINEAU at Rouyn-Noranda, 7:30
*Game 6 — Sunday
Rouyn-Noranda at **GATINEAU**, 4
*Game 7 — Tuesday
GATINEAU at Rouyn-Noranda, 7:30
(**GATINEAU** lead series 3-1)
(* — if necessary)

LOTTERIES

Lotto 6/49	13, 22, 29, 33, 46 & 49. Bonus 18.
Ontario 49	14, 15, 24, 46, 47 & 48. Bonus 31.
Ontario Pick 3	2 3 3
Ontario Pick 4	2 0 6 1
Encore	9185170
Daily Keno	3, 4, 5, 14, 16, 19, 21, 31, 32, 36, 37, 39, 42, 43, 44, 47, 51, 52, 59, 65.

Results not official

NBA

Lewis leads Magic over Pistons

PLAYOFFS Rashard Lewis scored a career playoff-high 33 points and the Orlando Magic took advantage of an injury to Chauncey Billups to pull away and beat the Detroit Pistons 111-86 in Game 3 of their NBA Eastern Conference semifinal series.

Dwight Howard added 20 and 12 rebounds points for the Magic, who sliced Detroit's lead in the best-of-seven set to 2-1.

NBA

Knight resigns as GM of Hawks

JOBS Atlanta Hawks general manager Billy Knight submitted his resignation yesterday just days after his club lost to the heavily favoured Boston Celtics in the seventh game of the Eastern Conference quarter-finals.

Knight, 55, will step down on July 1 after six seasons with the Hawks.

tennis

No four-peat for banged up Nadal

UPSET Rafael Nadal's bid to win a fourth straight Rome Masters title stumbled at the first hurdle when the Spaniard lost 7-5, 6-1 to compatriot Juan Carlos Ferrero yesterday and then blamed a foot injury for his defeat.

It is only the second time in his last 104 games that world No. 2 Nadal has lost on clay.

QMJHL

Olympiques inch closer to Mem Cup

PLAYOFFS The Gatineau Olympiques inched closer to a Memorial Cup berth last night with a 4-1 win over Rouyn-Noranda. Paul Byron had a goal and two helpers for the Olympiques, who lead the Quebec Major Junior Hockey League final 3-1. Game 5 is tomorrow at Rouyn-Noranda.

METRO NEWS SERVICES

metro

MOTHER'S Day

Thursday, May 8, 2008

Give green

There are plenty of options for the eco-conscious mom

The Mondano 24-speed bicycle from Opus, from $510, log on to *www.opusbike.com* for retail locations.

Eco-handbags by sparrow (made of organic cotton hemp, non-toxic dyes and recycled tetraboxes). Available in black set on white, grey, berry or blue, $93, available at *greengirls.ca*.

Garden Mum gift (contains LUSH's new Lily Savon soap and Lemony Flutter cuticle butter), $18.95, available at *www.lush.ca* or by calling 1-888-733-5874.

Athletic Works organic cotton yoga wear, $14.98 (tank top), $24.98 (jacket), $19.98 (cropped pant), available at Wal-Mart, *www.walmart.ca*. Also available in pink and brown.

Ruffle skirt by Precocious (made of recycled bedlinens), $89, available at *greengirls.ca*.

PlantLove Lipsticks by CARGO, $20. Come in a compostable tube made from corn; the outer packaging is embedded with seeds that will grow wildflowers. Visit *www.cargocosmetics.com* for locations.

LaCoupe orgnx RE|nourish Shampoo and Conditioner, $9.99/300 ml each. Available at Shoppers Drug Mart, *www.shoppersdrugmart.ca*.

Shoes by El Naturalista (made using vegetable extracts for dyeing and recycled rubber soles), $199 (black) and $189 (red). For store locations, visit *www.elnaturalista.ca*.

The GreenPan, $29.99-$100 depending on the size, available at The Bay, Home Outfitters, London Drugs, Home Hardware and gourmet shops across Canada.

Yes To Carrots natural products, $15.99 (Eye Contour Cream), $13.99 (Hair and Scalp Mud Mask), $8.99 (Pampering Carrot Juice Shampoo), available at Shoppers Drug Mart and Pharmaprix stores.

Algreen Manhattan Deck or Balcony urban pond, $110, available at Home Depot, *www.homedepot.ca*.

Aveda Green Science products, $51 for 15 ml (Firming Eye Creme) $62.50 for 50 ml (Firming Face Creme), $57 for 30 ml (Lifting Serum), $97 for 10 3 ml tubes (Line Minimizer). Available in Aveda salons, spas, stores and online at *www.aveda.com*. Call 1-800-328-0849 for locations.

A GIFT FROM TEN THOUSAND VILLAGES WILL DELIGHT YOUR MOM WHILE HELPING MOTHERS IN DEVELOPING COUNTRIES PROVIDE FOOD, EDUCATION, HEALTHCARE AND HOUSING FOR THEIR FAMILIES.

Upcoming Events (details on our website):
Sat. May 10: *World Fair Trade Day*, with free gifts, prize draws, samples & more!
Sat. May 17: Join us for Tea this Victoria Day Weekend.
Sat. May 24: Meet with artisans from India.

371 RICHMOND ROAD, Westboro ~ 613-759-4701
1174 BANK STREET, Old Ottawa South ~ 613-736-0401
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TEN THOUSAND VILLAGES ®

Nivea DNAge contains folic acid and creatine, which works together to protect skin cells from damage. Check out Nivea Visage DNAge Night Creme, $22.99 for 50 ml. For more, visit *www.nivea.ca*.

Sweet treats

Pamper her with jewelry, bags and much more

Tiffany 14K gold heart-shaped or oval locket, $400-$560 depending on size; 18K gold chain, $160-$185, depending on size. Engraving is extra. Available at Tiffany & Co., *www. tiffany.ca*.

Lacoste Dream Of Pink fragrance, limited edition, $72 for 50 ml. Available exclusively at Shoppers Drug Mart.

The SAK Signature Collection bag (in red, metallic, yellow, green, white or black), $165, available at Sears.

Trollbeads bracelet, starting at $60. Comes in silver (beads $26), Murano Glass (beads begin at $35), and gold (beads range in price). For locations, visit *www.trollbeads.ca*.

Valentino Rock 'n Rose Couture Parfum, $93 for 50 ml. Available exclusively at The Bay.

Nicole by OPI Nail Lacquers, $12.50 each, available at select Shoppers Drug Mart, Wal-Mart, Katz and Jean Coutu locations. For more, visit *nicolebyopi.com*.

Kensie eyewear in Fay, $45. Available at The Bay.

Greenwich Shoulder Satchel, $298, available at Banana Republic stores across Canada. Call 1-888-BR-STYLE or visit *www.bananarepublic.com* for more.

The Supermama Kit, by Mama Mio, $105. Includes Wonder-Full Balm, Supersmooth Body Buff, Moisturising Shower Cream and Super-rich Body Cream. Available at The Bay.

LOOK!

It's MOM'S Day...

Save 20%
Diamond Studs
were 125.00
NOW 99.00

1/2 Price Citrine
& Marcasite Silver
Pendant was 95.00
NOW 47.50

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1/2 Price
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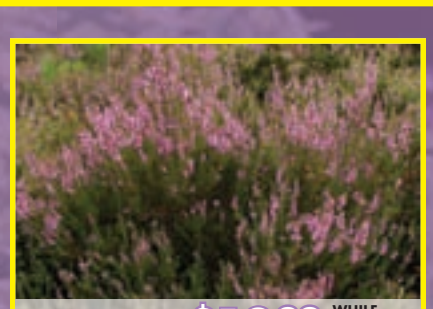
HAPPY MOTHERS DAY

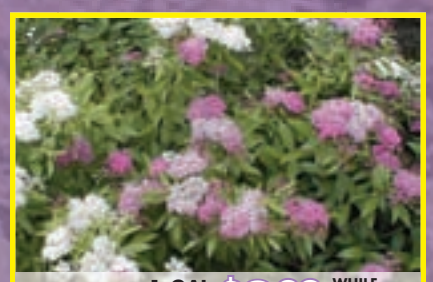
EVENTS FOR 2008

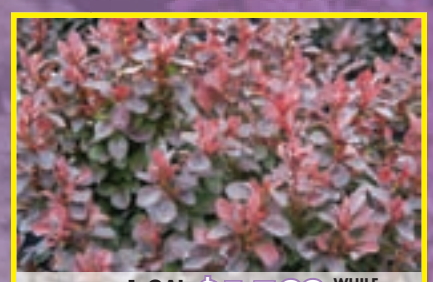
In Store Specials

- $5, $10, $20 Coupons
- $2000 Landscaping Draw
- FREE Timbits and coffee (May & June Weekends)
- Play area for children
- New Botanix guide 10th edition 2008


$10.99 WHILE QUANITIES LAST

$15.99 WHILE QUANITIES LAST


1 GAL $9.99 WHILE QUANITIES LAST


1 GAL $15.99 WHILE QUANITIES LAST

1 GAL $15.99 WHILE QUANITIES LAST

1 GAL $15.99 WHILE QUANITIES LAST

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J.A. Laporte's Flowers and Nursery
$50.00 Minimum purchase before taxes / $50.00 Achat minimum avant les taxes
NO CASH VALUE Expires Oct. 31, 2008 AUCUNE VALEAUR MARCHANDE
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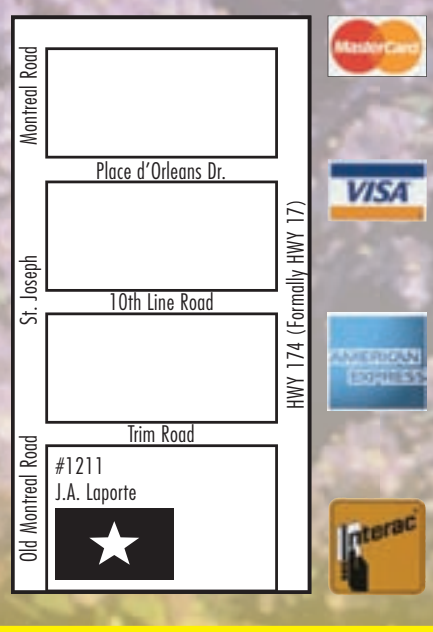
$10 LAPORTE MONEY $10
J.A. Laporte's Flowers and Nursery
$100.00 Minimum purchase before taxes / $100.00 Achat minimum avant les taxes
NO CASH VALUE Expires Oct. 31, 2008 AUCUNE VALEAUR MARCHANDE
$10 ARGENT LAPORTE $10

$20 LAPORTE MONEY $20
J.A. Laporte's Flowers and Nursery
$200.00 Minimum purchase before taxes / $200.00 Achat minimum avant les taxes
NO CASH VALUE Expires Oct. 31, 2008 AUCUNE VALEAUR MARCHANDE
$20 ARGENT LAPORTE $20



Need an excuse to celebrate Mother's Day late? Sephora will be opening its first store in Ottawa (at the Rideau Centre) on May 30. Check out the Sephora Brand Mother's Day Blockbuster Palette, $35.

For the tech-savvy mom

Belkin Washable Mouse, $29.99 US, available at *www.belkin.com*.

Nintendo DS Lite Coral Pink, $129.99, available at *www.amazon.ca*. Also comes in new Coral and Black, $139.99.

Motopure H12 headset, $119.95, available at Bell Mobility, Rogers, Telus stores and major retailers.

Moto Q 9h, featuring a QWERTY keyboard for easy e-mail/web surfing on the go, $274.99 with a three-year term with Rogers Wireless; $275 with surfing option and a three-year Fido agreement.

Floral Fashion Laptop Case by Targus (comes in brown, white and black), $99.99. Available at Staples, Office Depot, London Drugs and online at *www.targus.com/ca*.

Bound family tree by Ancestry.ca, $34.99-$200+, depending on size. Available at *ancestry.ca*.

HP Photosmart A626 Compact Photo Printer, $149.99, available at *www.hp.com* or 1-877-231-4351.

Family Tree Maker 2008 Essentials, $29.99, available at *www.amazon.ca*.

Media player, digital camera small, sophisticated

Samsung P2 Digital Media Player

Price: $189.99 (4 GB), $229.99 (8 GB), $329.99 (16 GB)

At: Future Shop, Best Buy, major electronics retailers

WHAT IS IT? A tiny media player built for video with a three-inch widescreen

and 4G and 8G memory options, and Bluetooth wireless so you can untether your earphones. Comes in black, white and burgundy.

It also has a touchscreen interface, which has a sexy, futuristic feel to it.

WHAT WORKS: Samsung makes endearingly cute media players, with colourful graphics and easy-to-use interfaces. The P2 loads just as easily using Windows Media Player as Samsung's own software, which makes it very convenient for travelling away from your own home system. The screen, small as it is, is bright and sharp, and bigger than anything Apple offers except for the Touch.

WHAT DOESN'T WORK: Damn it's tiny. You've got to be determined to watch video on the go with the P2, but if you're already catching up on shows on your cellphone, this is practically Imax.

Kodak M1033 Digital Camera

Price: $199.99

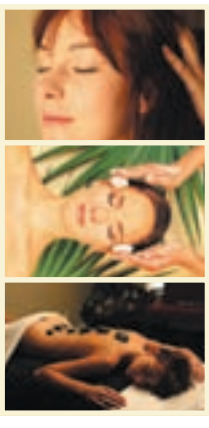
At: Future Shop, Best Buy

WHAT IS IT? A small, user-friendly pocket camera that comes in an assortment of colours, including red and a pale pink that verges on lilac. Comes with a 3X optical zoom, a big, bright three-inch screen and Kodak's suite of user-friendly software, and produces a stonking 10 megapixel image.

WHAT WORKS: It's truly amazing what they can fit in a digital snapshot camera these days — the M1033 will also produce HD video (720p at 30fps). Kodak's Smart Capture software is the real feature, though, judging a scene quickly and adjusting aperture and exposure accordingly. The menu is easy to access and shutter lag is mercifully brief.

WHAT DOESN'T WORK: There's not a lot to complain about. There are smaller, thinner cameras, but they don't have the same options. Digital "grain" can be a bit clumpy in low-light situations, but you'd have to pay a lot more money to get a camera that could deliver better quality in dim available light; the wonder is that a camera this inexpensive can still produce a sharp, usable shot in those conditions.

— RICK McGINNIS /FOR METRO OTTAWA



Mother's Day

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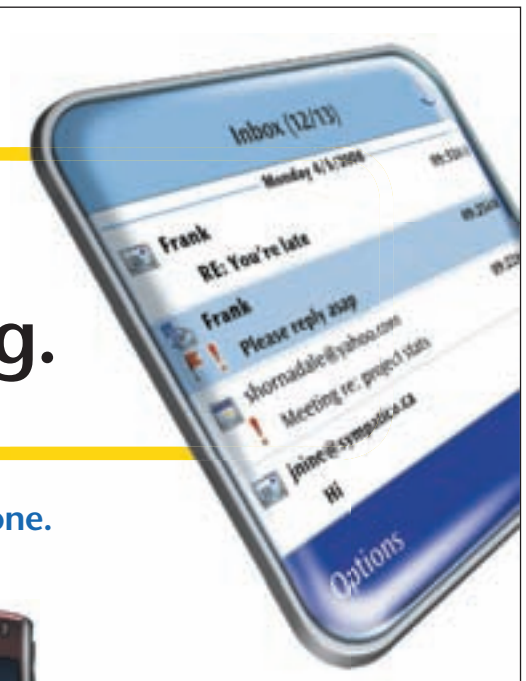
Spring is calling.
And texting. And emailing.



Do more things in more places with a Bell QWERTY phone.

Next generation BlackBerry® Curve™ 8330 smartphone
$199.95
with $50 Smartphone bundle discount and a min. $45 voice and data plan on a 3-yr. contract[1] ($549.95 no contract)

HTC Touch™
$99.95
with $100 Fun bundle discount on a 3-yr. contract[2] ($399.95 no contract)

Next generation BlackBerry Pearl™ 8130 smartphone
$49.95
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LG Rumour™
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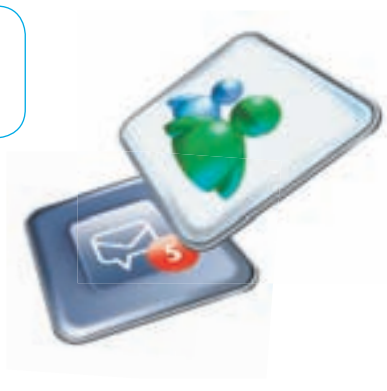
with $50 Fun bundle discount on a 3-yr. contract[2] ($299.95 no contract)

Double-flip™ – Samsung u740
$24.95
with $50 Fun bundle discount on a 3-yr. contract[2] ($324.95 no contract)

Get unlimited email starting from $15 per month on select phones.[3]



Visit a Bell store
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Bell

Available at the following Bell stores:

ARNPRIOR
6 – 75 Elgin St. W.

BROCKVILLE
1000 Islands Mall
R.R. 3 Highway 2 W.

CORNWALL
Cornwall Square

KANATA
510 Earl Grey Dr.

NEPEAN
50 Marketplace Ave.
1541 Merivale Rd.
Bayshore Shopping Centre
Bayshore Shopping Centre-kiosk

ORLEANS
Place d'Orleans
Smart Centre Orleans

OTTAWA
247 Bank St.
1566 Carling Ave.
2184 Thurston Dr.
Billings Bridge Plaza
Carlingwood Mall
Rideau Centre
St-Laurent Shopping Centre
Towngate Shopping Centre

PEMBROKE
1018 Pembroke St. E.

PETAWAWA
3471- B Petawawa Blvd.

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178 Plaunt St.

SMITHS FALLS
16 Beckwith St. S.

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1250 Main St.

Also available at these participating retailers:

booth the telephone booth

«WIRELESSWAVE»

Offer ends May 15, 2008. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Other monthly fees, i.e., e9-1-1 (75¢), system access (not a government fee; $8.95), and one-time device activation ($35) apply. Long distance and roaming charges (including foreign taxes) may apply outside your local area. Upon early termination, price adjustment charges apply. Subject to change without notice and cannot be combined with any other offer. Taxes extra. While supplies last. May not be as shown. May not be available in all locations. Other conditions apply. **(1)** With new activation of a new device on a 3-yr. contract term on a monthly voice plan with a data feature (or a voice and data combo plan) with a min. $45 value for the BlackBerry Curve 8330 and with a min. $35 value for the BlackBerry Pearl 8130 with a Smartphone 15 bundle (excluding additional members on shared plans). Rebate applies on device before taxes in-store or on the account otherwise; allow 4 to 6 weeks. You must keep the Smartphone bundle for 3 months after activation, otherwise the rebate will be charged on your account. **(2)** With new activation of a new device on a 3-yr. contract term on a monthly voice plan with a min. Fun 15 bundle. Rebate applies on device before taxes in-store or on the account otherwise; allow 4 to 6 weeks. You must keep the Fun bundle for 3 months after activation, otherwise the rebate will be charged on your account. **(3)** Available with a new activation on a 3-year contract for the BlackBerry Curve 8330 and BlackBerry Pearl 8130, and on a min. 1-yr contract for the HTC Touch and LG Rumour on select monthly voice plans. Functionality and features of the $15 email may vary and may not include corporate-type solutions. Other conditions apply. Subject to acceptable use restrictions in Terms of Service, including consuming excessive network capacity or causing our network to be adversely affected. See bell.ca/acceptableuse for details. Research In Motion, the RIM logo, BlackBerry, the BlackBerry logo and SureType are registered with the U.S. Patent and Trademark Office and may be pending or registered in other countries – these and other marks of Research In Motion Limited are used under license. Double-flip is a trade-mark of Bell Canada. Rumour is a trademark of LG Electronics Inc. HTC Touch is a trademark of High Tech Computer Corp. (HTC) in the United States and/or other countries. Facebook is a registered trademark of Facebook, Inc. or its affiliates. Windows Live is a trademark of Microsoft Corporation in the United States and/or other countries.

Bring the spa-like experience home with Costa Blu spa products. Body Lotion, far left, and Costa Blu Body Wash, both $7.99 for 250 ml. Available at Shoppers Drug Mart, *www.shoppersdrugmart.ca*.

Think pink

Sales of these items benefit the Canadian Breast Cancer Foundation

Artistic Jewellery (Martin Ross), available at independent retailers across the country, $20 each. For more, visit *www.cbcf.org*.

SunDog Distributing, Eyewear Pink, available at *www.eyewearpink.com*, $34.99-$39.99.

Pink KitchenAid Toaster, below, $59.99, and Pink KitchenAid 12 Cup (2.75 L) Food Processor, $339.99. Available at major retailers, and online at *kitchenaid.ca*.

McBrine Luggage, available at independent luggage retailers across Canada. Retail price ranges from $99.99 for a 20-inch upright suitcase to $149.99 for a 28-inch upright suitcase. Also available are the computer case on wheels for $129.99 and the ladies laptop bag for $64.99.

2008 Warriors In Pink Mustang with Warriors in Pink Package, available at participating dealerships across Canada. $300 from the sale of each 2008 Warriors In Pink Mustang or 2008 Warriors In Pink Mustang Convertible is contributed to the Canadian Breast Cancer Foundation.

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$49.50 Reg. $65
DEEP HYDRATING PEDICURE
(With Mineral Mud Mast & Paraffin Mask)
plus FREE POLISH Valid until May 31/08
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Breast cancer affects Canadians from coast to coast.

On **Sunday, October 5, 2008**, unite with all Canadians in the Canadian Breast Cancer Foundation CIBC Run for the Cure.

Be part of the largest single-day volunteer-led fundraising event dedicated to creating a future without breast cancer.

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Connect with Canada today at www.cbcf.org

CIBC Run for the Cure

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MOTHER'S DAY
at the Bay

It's Her Day!

Surprise her with one of the must-have new fragrances of the season.
Count on the Bay for inspired gift ideas this Mother's Day ...she'll be glad you did!

GIVENCHY

With any large size Givenchy women's fragrance purchase, receive this large sun tote with signature logo.
Fragrances shown: **$88** to **$112**.
Offer excludes gift sets.
While quantities last.

BONUS

ONLY AT THE BAY

DOLCE&GABBANA

BONUS

With any $77 DOLCE&GABBANA LIGHT BLUE fragrance purchase.
Shown: 50ml Eau de Toilette Spray **$77.**

BONUS

ONLY AT THE BAY
With any $78 DOLCE&GABBANA THE ONE purchase.
Shown: 50ml Eau de Parfum **$78.**

Offer excludes gift sets.
While quantities last.

CALVIN KLEIN ETERNITY

With any $68 purchase from the ETERNITY Women's Fragrance Collection, receive this 3-piece gift.
Fragrances shown: **$68 to $89.**
Offer excludes gift sets. While quantities last.

BONUS

BURBERRY

With any 50ml BURBERRY Fragrance purchase (75ml The Beat), you will receive this BURBERRY Weekend bag as your gift!
Fragrances shown: **$81 to $93.**
Offer excludes gift sets. While quantities last.

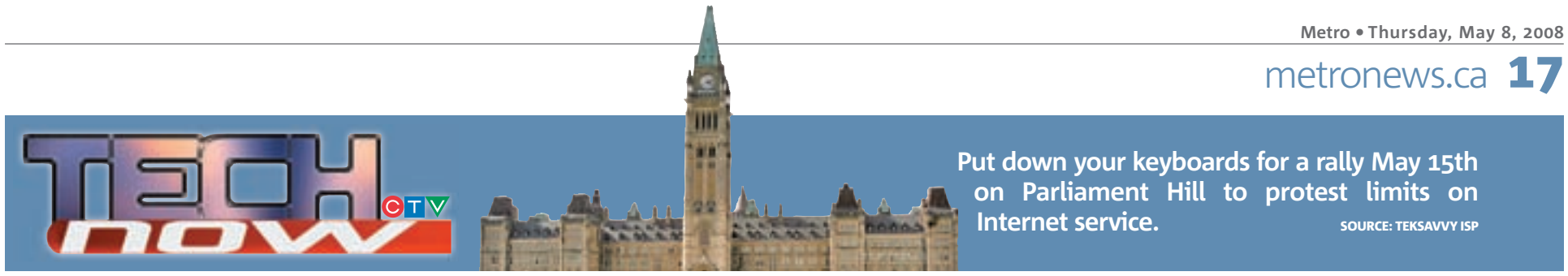
BONUS

ONLY AT THE BAY

WRAP IT UP!

The perfect gift for Mom. Choose your fragrance and cosmetics Mother's Day gifts at the Bay. Our Beauty Advisors will, as a free gift to you, wrap your gifts in your choice of colour, this beautiful metal flower pot container with all the trimmings.

While quantities last. (Products shown not included).


TECH NOW
CTV
Put down your keyboards for a rally May 15th on Parliament Hill to protest limits on Internet service.
SOURCE: TEKSAVVY ISP

Time to pay more for the Net?

Bell has been a lightning rod in recent weeks over whether or not it should be allowed to continue putting restrictions on how much you can use the Internet.

It's called "traffic shaping" or "traffic throttling" and Bell and other Internet service providers say they must reduce access for their heaviest users in order to preserve maximum service for the maximum number of customers.

The big bandwidth hogs are those who watch movies or play video games. Critics say that this is the start of deciding who gets prime Internet service. At the very least, we're headed for higher fees for Internet service.

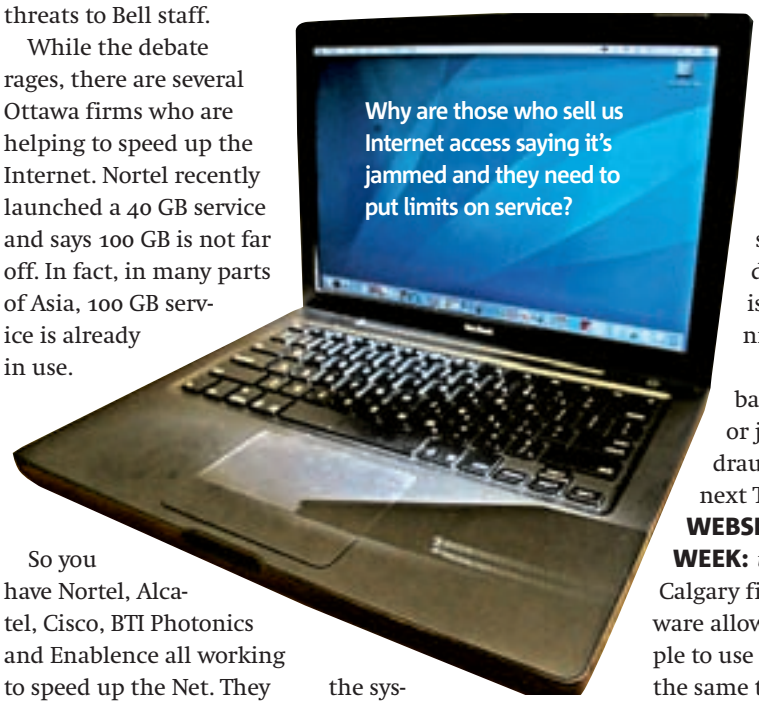
TECH NOW
PAUL BRENT
technow@ctv.ca

In the U.S., a debate has raged for years on what they call "Net neutrality." The premise is that no one should be able to regulate access to the Net, often through payment plans like the one Rogers will bring to Canada next month. Rogers has decided that the more broadband you use, the more you will pay.

The Canadian Association of Internet Service Providers represents about 50 smaller ISP's who rent space on Bell's system. They say there's no evidence that the system is jammed. They filed a complaint with the CRTC, which regulates the telcoms. A decision from the CRTC is expected this month.

In the meantime, Rocky Gaudrault, owner of TekSavvy, an ISP based in Chatham, Ont., has been leading a grassroots charge against Bell. He's organized a protest for May 15th on Parliament Hill. Mind you, even his firm offers two-tiered Internet service: One plan includes a cap, and another offers unlimited access. In his online forum, Gaudrault had to urge people to calm down and stop sending e-mail death threats to Bell staff.

While the debate rages, there are several Ottawa firms who are helping to speed up the Internet. Nortel recently launched a 40 GB service and says 100 GB is not far off. In fact, in many parts of Asia, 100 GB service is already in use.



So you have Nortel, Alcatel, Cisco, BTI Photonics and Enablence all working to speed up the Net. They all believe that new technologies will ensure the Net doesn't slow down.

If the people who build the system say it can deliver all the capacity we need, why are those who sell us Internet access saying it's jammed and they need to put limits on service? Good question. The CRTC is there to look out for consumers and their decision on this issue will be significant.

Until then, sit back and watch — or join — Rocky Gaudrault on the Hill next Thursday.

WEBSITE OF THE WEEK: *userful.com*. A Calgary firm offers software allowing up to 10 people to use one computer at the same time.

Paul Brent hosts Tech Now every Sunday as part of CTV Ottawa's News at 6 p.m. Tech Now looks at the Capital's technology sector along with the global industry.

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication treatment for depression. The purpose of the study is to further our knowledge about the treatment of depression. Treatment duration is 6 weeks with a study follow up period of 6 weeks, and includes a physical exam, blood tests, and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 21-60 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	☐	☐
I am having difficulty sleeping	☐	☐
I am feeling low in energy and slowed down	☐	☐
My appetite has changed	☐	☐
I am experiencing feelings of guilt	☐	☐
I have lost interest in work and pleasurable activities	☐	☐
I feel hopeless about the future	☐	☐
I feel tense and anxious	☐	☐
I am having difficulty making decisions	☐	☐
I am having trouble concentrating	☐	☐

Ottawa Psychopharmacology Clinic
Smyth Medical Centre

If you have answered "yes" to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time, (24 hrs.) leave your name and phone number on our confidential voice mail:

(613) 737-5454 ext. 225

(All information is kept in strictest confidence. Research programs are reviewed by an ethics review board.)

TECH NOW
WITH PAUL BRENT
Sundays 6:00
OTTAWA'S NEWS LEADER
CTV NEWS
ctvottawa.ca

house&home

We're fans of Home Depot's Eco Options magazine, which features practical ways to green your home. Look for the new issue in-store or at *homedepot.ca* under the eFlyer button. METRO NEWS SERVICES

No need to be leery of fluorescents

Greenish glow, flickering are things of past

ARRESTING DESIGN
JEFFREY FISHER & TAMMY SCHNURR
busted@arrestingdesign.com

We've all heard about the conservation benefits of using fluorescent lights — you can cut your lighting costs by more than half by using them.

They are far more efficient producers of light, and they have a life span of six to 10 times the life of the average incandescent lamp, so consumers save money by buying fewer lights over time. So why do some people remain leery of using them?

The design team has heard it often enough — many people have a notion that fluorescent light fixtures cast a greenish yellow glow that is most unattractive. And there was some truth to this many years ago. Luckily, those days are gone.

The technology of fluorescent lighting has developed enormously since then. The quality of light has improved, thanks to advances that allow more natural light to be produced.

Fluorescent lighting now comes in at least two types — a warm white which mimics the warm yellowish glow of incandescent lights, and a cool white, which casts a whiter light with more blue tones in it.

Warm whites are often used in homes, as people are used to that inviting tone of light.

Cool whites, on the other hand, cast a whiter "daylight" colour with more blue and green in it. These tend to be used in offices, or in a contemporary or modern loft setting.

SYLVANIA

Not only that, the annoying flicker that was associated with fluorescent lighting is also a thing of the past, and this is because the ballast system that is necessary in fluorescent lighting has improved as well.

Nowadays, good quality fluorescent lighting has a non-flickering electronic ballast rather than the traditional magnetic one.

Another benefit is that fluorescent lighting by its very nature does not produce as much heat as incandescent bulbs — they generate a whopping 70 per cent less heat than incandescent bulbs. This difference can have a significant impact on reducing air conditioning costs in the summer.

And fluorescent bulbs and lamps now come in a wide range of sizes, shapes and wattages to fit many light fixtures.

Fluorescent bulbs have come a long way in recent years.

Shown here are just some of the shapes and sizes on offer from Sylvania.

For example, Sylvania lights comes in 50 to 60 types of fluorescent bulbs, from compact twist or mini-twist bulbs, to chandelier bulbs of various types, globe, reflector, and of course, long narrow lamps.

Do remember that it is important to buy good-quality fluorescent lights—the cheapest ones will not give you good service.

To be sure you're getting a good-quality bulb, look for the energy star rating— a government-backed program that helps businesses and individuals save money and protect the environment through superior energy efficiency.

Good quality bulbs will also have the benefit of reducing the levels of mercury and lead used in these lights.

As yet, there is no way around using these heavy metals in fluorescent lighting but you can minimize the amounts by purchasing low-mercury, long-life, high-performance lamps, such as Sylvania's Ecologic line.

Normally, there is no release of mercury in your home through regular use — it would only happen if the lamp is broken.

And even then, the amount from a single bulb is very small, and would only become a health hazard at a disposal site, if a large number of lamps are disposed improperly.

The good news for the home owner is that retailers such as Home Depot and IKEA accept fluorescent bulbs for recycling, so you can dispose of heavy metals properly.

« Warm whites are often used in homes, as people are used to that inviting tone of light. Cool whites … tend to be used in offices, or in a contemporary or modern loft setting. »

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network. Tammy is an interior decorator. Jeffrey designs home furnishings and bedding through his company Jeffrey Fisher Home.

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food

Hand-picked only in early spring from the tea buds before the tea leaf blossoms, white tea is named for the silver fuzz appearing on the buds. Tea leaves destined to be white tea undergo little processing and no fermentation. NEWS CANADA

metro TOP 5IVE

Food quotes:

1. "The poets have been mysteriously silent on the subject of cheese." (G.K. Chesterton)
2. "We are living in a world today where lemonade is made from artificial flavours and furniture polish is made from real lemons." (Alfred E. Newman)
3. "I will not eat oysters. I want my food dead — not sick, not wounded — dead." (Woody Allen, below)
4. "We load up on oat bran in the morning so we'll live forever. Then we spend the rest of the day living like there's no tomorrow." (Lee Iacocca)
5. "As for butter versus margarine, I trust cows more than chemists." (Joan Gussow)

— QuoteGarden.com

Noshing on gnocchi

Wisecracker says coffee maker is like family to her

Debra DiGiovanni was voted as Canada's Best Female comedian at the 2007 Canadian Comedy Awards. This past summer, Debra appeared on the 5th season of the TV show Last Comic Standing. She was chosen as a Top 10 finalist, competing against comedians worldwide. She is a popular juror on Muchmusic's Video On Trial. The native of Point Claire, Que., originally wanted to pursue a career as a fashion illustrator but Debra always had a talent for making her friends laugh. She took a job at Citytv that allowed her to interact with an audience and became hooked. Debra then decided to switch her focus to comedy and admits she still practices her new material on her best friend, Robyn, before performing it in front of an audience. Debra is part of the Girls Night Out cross Canada tour which begins May 11th in Ottawa.

Comedian Debra DiGiovanni admits her favourite food to cook is cereal.

Q What is your fondest memory from your family kitchen?

A We had this old round kitchen table, with those collapsible drop leaf sides, and every single meal one of those leaves would fall and a meal would land in someone's lap. For some reason, we never got rid of the table. In fact, it spent some time in one of my old apartments.

Q What kitchen aromas bring back fond memories?

A Muffins are very nostalgic. My mom is the muffin maker.

CELEB KITCHENS
MARCY CORNBLUM
entertainment@metronews.ca

Q Who is your favourite cook?

A My cousin Christina is definitely my favourite cook. She has always loved to cook, even when we were kids. She was always making something delicious. Christina is also a wonderful baker and has made most of my family's wedding cakes.

Q How did the first meal you prepared turn out?

A I once made lasagna for a boyfriend's family and that night everyone was violently ill. Oddly, I was the only one unaffected ...

Q Do you use cookbooks?

A If I'm going to attempt cooking, I must! I enjoy following rules.

Q What is your favourite food to cook?

A I would say it's definitely cereal.

Q What kitchen gadget can you not live without?

A My coffee maker! It's like a family member. I love you coffee maker.

Q What traditions from your background involving food do you partake in?

A I still try to follow the family ritual of making Christmas cookies every year. Growing up, my sisters and I would decorate them with icing and usually, I ended up doing the most. I'm the best decorator.

Q Is there a cultural dish that you have at gatherings that ties into a holiday?

A Gnocchi. My dad makes it every year for Christmas Eve and it represents the holidays. It's excellent, especially cold the next day!

Marcy Cornblum is a freelance journalist. After 25 years of celebrity-filled adventures, she is using her experiences to enlighten others in understanding the media. Reach her at *mediasavvy@pathcom.com.*

Mother's Day Whole Wheat Pancakes with Cranberry Topping

INGREDIENTS:

3 eggs	
2 cups (500 mL)	skim milk
1/4 cup (50 mL)	granulated sugar
2 tbsp (30 mL)	vegetable oil
2 cups (500 mL)	whole wheat flour
4 tsp (20 mL)	baking powder
1/2 tsp (2 mL)	salt
2 cups (500 mL)	Ocean Spray® Fresh or Frozen Cranberries
1 cup (250 mL)	chopped fresh mango
3/4 cup (175 mL)	Ocean Spray® 100 % Juice Blend: Cranberry & Mixed Berry
2 tsp (10 mL)	cornstarch
1/2 cup (125 mL)	maple syrup

METHOD:

Combine eggs, milk, sugar, oil, flour, baking powder and salt in blender. Blend on low, until smooth. Cover and refrigerate overnight. Gently stir batter before use. Meanwhile, combine cranberries, mango, juice and cornstarch in a medium saucepan. Set over medium heat and bring to a boil, stirring often. Reduce the heat to low and simmer for five minutes or until sauce is thickened. Stir in the maple syrup. Reserve, covered, in the refrigerator overnight or for up to two days. Cook pancakes for two minutes per side in a greased skillet set over medium heat. Serve pancakes topped with warmed cranberry topping.

COURTESY OF OCEAN SPRAY

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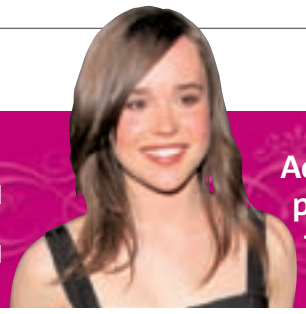

Actress Ellen Page, left, has signed up to play Jane Eyre in a new adaptation of the Charlotte Bronte novel. BBC NEWS ONLINE

»news In Brief

» **PEOPLE** Amy Winehouse has been arrested after police were handed a video in January which allegedly showed her taking drugs, BBC News Online reports. The singer is being questioned at a police station in east London, her spokesman said.

» **MOVIES** Disney teen stars the Jonas Brothers will star in a 3-D concert film, Reuters reports. The movie, to hit theatres in 2009, will feature footage from the group's upcoming Burning Up tour, as well as a look at the lives of bandmates Kevin, Joe and Nick. The Jonas Brothers tour kicks off in Toronto on July 4.

» **GAMING** Take-Two Interactive Software Inc. scored more than $500 million US in global sales of action game Grand Theft Auto 4 in its first week.

» **MORE ONLINE** For Sandy Caetano's On TV column, which looks at the drama series Durham County this week, go to *metronews.ca*.

METRO NEWS SERVICES

Down to three at Idol

51 million vote tally highest so far this season

By **SANDY CAETANO**
for Metro Ottawa

Jason Castro lost his chance at the American Idol crown when he didn't remember the lyrics for Bob Dylan's Mr. Tambourine Man.

The viewers were not as sympathetic for Castro, who was voted off the show last night, as they were two weeks ago with Brooke White when she fumbled on her song and had to start over. Maybe his magic has finally faded, or viewers really don't get his artistry.

It's not that Castro is a horrible singer, he's just not suited for this singing competition — he doesn't fit the Idol mould. Perhaps busking back in his hometown of Rockwall, Texas, will work better for him.

Nearly 51 million votes came flooding in following Tuesday's Rock And Roll Hall Of Fame themed show, the highest this season thus far. And it was so close that the competitors — Castro, David Cook, David Archuleta and Syesha Mercado — were all within a million votes of one another.

Before the results were read, viewers were treated with the usual song and dance, a group performance that featured the Idol hopefuls singing Reeling In The Years by Steely Dan. After host Ryan Seacrest revealed that both Archuleta and Cook were safe, judge Randy Jackson offered a few words of advice to Cook.

CTV PHOTO

Jason Castro isn't the only American Idol contestant to forget song lyrics — David Archuleta blanked on words, too.

"You just got to keep being yourself ... you've been one of our most original ever ... and rock it out baby," said Jackson.

More performances followed including a number by pop rock band Maroon 5, which sang If I Never See Your Face Again, and an appearance by Season 4 runner-up Bo Bice, who sang his new single Witness.

This week's bottom two included Mercado and Castro. Thankfully, Mercado will be returning next week as part of the final three. She has proven to be a very strong competitor, and one to be reckoned with. Unfortunately, it was Castro's turn to say goodbye.

"It's been a pleasure ... dreams do come true, so dream big," said Castro before ending the show singing Bob Marley's I Shot The Sheriff.

Sally's

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Cyrus' star waning?

IDIOT BOX
RICK McGINNIS
rick.mcginnis@metronews.ca

THAT WAS FAST: A month ago, two major business magazines devoted feature space to a resurgent Disney and the not-old-enough-to-vote engine that was driving it: Miley Cyrus. Those issues haven't hit the recycling bin yet and already the reign of Hannah Montana at Disney looks to be waning, though it isn't likely that it was just a couple of sullen photos in Vanity Fair that did it.

Audiences declined in just one week by 14 per cent as of last Sunday, according to a New York Daily News story, and Nielsen figures went on to report that ratings were down 26 per cent since January. None of this seemed to affect Disney chairman Bob Iger, who said in effect that the ship was on course, and that icebergs are normal this time of year: "With a new season of shows coming up, a new record in July and a theatrical film next year, the Hannah Montana/Miley Cyrus franchise is incredibly robust."

When people in the entertainment business use language like that, it's always best to look around the back to see if they're emptying out the store. As any parent will tell you, childhood is brief and cuteness briefer, so why is Disney banking so much on an artist whose audience was wearing Dora sneakers two years ago and will be posting "happy slapping" videos on YouTube in another two?

The Daily News story summed it up in one sage sentence: "Experience shows that kid franchises such as Hannah that hit the rare white-hot phase are good for roughly 18 months, then start to fade." As parents will also tell you, by the time you've figured out what your kids are watching, listening to and talking about long enough for you to buy them the merchandise, they've already abandoned that fad for their younger siblings and have moved on to new enthusiasms — like illegal pharmaceuticals, or self-mutilation. It's nice to know that business writers and the people who employ them are as hopeless as you.

MARS NEEDS SHOWRUNNERS: NBC's adaptation of the hit U.K. show Life On Mars is tipped as one of the fall's hot new shows, but months before it's supposed to debut, it already looks like it's in trouble.

The show was being tipped as a return to form for former hitmaker David E. Kelley, but according to a Variety story, Kelley may already be leaving the show.

"Financial considerations" are rumoured to be behind Kelley's departure.

Rick McGinnis writes about music, movies, books and television, but not opera. He walked 47 miles of barbed wire and has a cobra snake for a necktie.

Is Grand Theft Auto IV, right, everything it has been hyped as? Is Iron Man: The Video Game packed with high-flying action? Find out the answers to these and many more questions in the Game On column, exclusively at metronews.ca.

paparazzi

Rowling wins case over child photo

JUDGMENT Harry Potter author J.K. Rowling has won her battle to ban further publication of a long-lens photograph of her son, in a privacy case her legal team called a major development in British law.

Rowling

"We understand and accept that with the success of Harry Potter there will be a measure of legitimate media and public interest in (Rowling's) professional activities and appearances," Rowling and her husband said in a statement. "However, we have striven to give our children a normal family life outside the media spotlight."

movies

Common joins 'Terminator' cast

CASTING Rapper Common will have a starring role in the upcoming Terminator Salvation: The Future Begins.

The Chicago MC will play a freedom fighter named Barnes who is defending the human race against a machine that aims to destroy it.

Common will star alongside Christian Bale, who will play the main character, John Connor. The film is set to hit theaters in May 2009.

REUTERS

»news In Brief

» **TV** Ugly Betty will relocate to New York next season. The comedy-drama starring America Ferrera, is set in the Big Apple but had been filming in Los Angeles for its first two seasons. Key to the move is New York state's decision to triple its tax credit for film and TV productions to 30 per cent. REUTERS

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Ottawa ON, K1N 1G7

Treat yourself to a trench

Spring Coats on Sale at Laura

IT'S NOT quite flip-flop weather just yet and the nights are still cool. What's a fashionista to do when it's definitely a new season, and yet the dreamy climes haven't quite surfaced? Don't revisit your winter coat — keep it in storage until next November. Instead, treat yourself to a trench or a lighter jacket in a more inspired hue for the transition into spring. Coral, spring green, white or even mocha shades are preferable to wooly black.

And, since spring is the shortest season in the Canadian calendar, the timing is right to snag the deepest deals on lighter coats and jackets now on sale at **Laura**. Savvy shoppers will find a good selection of chic and stylish cuts as seen in the fashion magazines, alongside more classic silhouettes. Bonus: several of the cutest styles come in petite, regular as well as plus sizes (with most now priced below $100).

FRUGAL FASHIONISTA
NATHALIE-ROZE FISCHER
nrfrugalista@rogers.com

Barbie's Basement Online

BARBIE'S BASEMENT Jewelry, popular amongst fans of pop culture, rock and roll and glitter, recently launched its online boutique. Now you don't have to wait for annual gift shows and special events to snag their sparkly goodies. It's even possible to order custom work (such as a kooky ID tag for your pooch or custom cufflinks for your sweetie) online, so check out the latest quirky-cool pendants, belt buckles, rings, magnets and oodles more at: *www.bbj.ca*. Bonus: until the end of May, shipping is free to anywhere in Canada (lots priced under $20).

Shop 'Til It Stops

IN ITS continued efforts to support the Canadian Women's Foundation Shelter from the Storm campaign, **Winners/ HomeSense** Canada has committed to donating a percentage of today's retail sales to the CWF. So, if you're planning to get your Mother's Day gift or something fab for yourself at Winners this week, go TODAY, and know that you're shopping for a good cause (to prevent and end the cycle of violence against women). And, if you use your BMO Mosaik Mastercard to pay for your purchase, BMO will donate an additional amount to raise more funds for Shelter from the Storm.

The timing is right for a trench. Check out Laura's spring special on this chic coat.

Nathalie-Roze Fischer is an eco-accessories designer, hardcore bargain-hunter, style writer and DIY enthusiast. Visit her online at www.nathalie-roze.com.

primetime

Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
265	353	2	TVO	Megastructures		The Agenda With Steve Paikin		Rocketman "Freefall"		True Meaning of Pictures		Agenda-Paikin
211	331	3	GTV	ET Canada	Entertainment	Survivor: Fans vs. Favorites		The Office (N)	Name Is Earl	'Til Death	Back to You	News (N)
-	-	5	SRC	Des squelettes	Belle-baie (N)	Perdus Sayid, Bernard et Jin restent au campement. (SC)				Le Téléjournal (N) (SC)		La Zone
209	342	6	CHRO	Wheel-Fortune	Degrassi: Next	30 Rock	Scrubs	Don't Forget the Lyrics!		Medium		News (N)
196	311	7	CTV	ER "Tandem Repeats"		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:02) Lost (N)		News (N)
208	303	8	CBC	NHL Hockey Playoffs -- Teams TBA. (HDTV) (Live)						CBC News: The National		The Hour
-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Name Is Earl	Scrubs	The Office (N)	30 Rock	(10:01) ER (HDTV) (N)		News (N)
117	713	10	TVA	Un pitre au pensionnat ★★★ (1955, Comédie) Dean Martin.				Héros "Collision" (HDTV)		Le TVA 22 heures (SC)		Lévesque
-	-	11	QS	Avec Albert	Catherine (SC)	Sommet mortel (2004, Suspense) Nicole Eggert, Marc Singer.				Journal du soir	(10:45) Cent dix pour cent	
137	763	12	TFO	Panorama en direct		Les Enfants de Tchernobyl		Martin Roumagnac ★★★ (1946, Drame) Marlene Dietrich.				Volt
-	362	13	CBS	Dr. Phil (N)		Survivor: Fans vs. Favorites		CSI: Crime Scene Invstgtn.		(10:01) Without a Trace (N)		Two/Half Men
216	395	14	OMN2	Law & Order: SVU		News (N)		News (N)		King	King	Cold Case
214	344	15	CITY	Friends	Hollywood	Ugly Betty (N)		Supernatural (HDTV) (N)		America's Smartest Model		News (N)
115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
218	345	18	CH	The Insider (N)	E! News	Smarter Than a 5th Grader?		Family in Hiding (2006, Suspense) Brenda Strong.				News (N)
-	361	20	ABC	News (N)	Entertainment	Ugly Betty (N)		Grey's Anatomy (N)		(10:02) Lost (N)		News (N)
512	396	24	CPAC	Revue Politique		L'Heure politique		La Période de questions		Revue Politique		Heure polit.
651	355	25	CTS	Full House	Facts of Life	Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
-	365	36	FOX	TMZ (N)	Seinfeld	Smarter Than a 5th Grader?		Don't Forget the Lyrics!		News (N)		News
-	-	64	PBS	Business Rpt.	Energy	Live From Lincoln Center "Camelot" (N)					N.Y. Learns	Tavis Smiley
205	312	104	CTV	ER "Tandem Repeats"		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:02) Lost (N)		News (N)

news

502	390	26	NW	News (N)	Newman	The Hour Garth Turner.		CBC News: The National		CBC News: The National		National
500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		

sports

406	417	27	net	MLB Baseball Tampa Bay Rays at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Con.	NBA Basketball: Conf. Semi.	
126	730	28	RDI	Dominique Poirier en direct		Grands reportages (SC)		Le Téléjournal (SC)		Le Club des ex	Le National	Le Téléjournal
400	280	30	TSN	NHL Hockey Playoffs -- Teams TBA. (HDTV) (Live)						SportsCentre (HDTV) (Live)		
410	403	52	SCR	NBA Basketball Teams to Be Announced. (HDTV) (Live)						Score Tonight		The Spin
411	457	56	OLN	Exploration	Videos	Everest: Man	Jet Set	Mark Williams' Big Bangs (N)		Don't Forget Your Passport		Pilot Guides
417	406	59	SC	Pinks (HDTV)	Pass Time	Monster Jam (N)		Pinks -- All Out		Low Life	Porsche Drive	Pinks

family

554	544	48	TEL	George-Jungle	Road Runner	Scooby Doo	Futurama	Robot Chicken	Tripping-Rift	Robot Chicken	Robot Chicken	Tripping-Rift
557	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
551	542	65	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Mon. Warriors	Futurama	Shadow Raider	Falcon Beach "Lost"		Mystery Hnt.

cable variety

570	580	29	MM	mmmtop	Back In	Mariah Carey: Mimi		Popaganda		Gene Simmons	Gene Simmons	Listed
615	520	31	A&E	CSI: Miami (HDTV)		The First 48 (HDTV)		The First 48		Crime 360 (HDTV)		The First 48
628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		TNA iMPACT! (N)				Ult. Fighter
521	560	34	TLC	Rides "Terrible Baja"		Overhaulin' "Wake Up Call" (N)		American Chopper (HDTV) (N)		Miami Ink (HDTV) (N)		Amer. Chopper
145	761	35	TV5	Toute une histoire		Envoyé spécial			Les Routes mythiques		Design	Journal TV5
616	521	39	SHO	ReGenesis (HDTV)		Intelligence (DVS)		G-Spot	Exes & Ohs	The Shield "Haunts"		House
620	523	40	BVO	From the Spirit	In the Mind ...	Man of La Mancha ★★ (1972, Musical) Peter O'Toole, Sophia Loren.					Books-Film	Law & Order
520	505	42	DIS	Daily Planet (N)		Hindenburg: Titanic of the Skies The story of the Hindenburg.				MythBusters		Daily Planet
575	583	43	CMT	(6) Ultimate 20		Project Dad	Project Dad	Reba	Hope & Faith	Home Improve.	Roseanne	Dedicated (N)
601	562	45	SLC	Women on Top	Til Debt-Part	Rich Bride, Poor Bride		Last 10	Bulging Brides	Biggest Loser Australia		Rich Poor
625	548	46	COM	Air Farce	22 Minutes	Laughs	Rick Mercer	The Simpsons	South Park	VIP	Jon Dore Show	Daily Show
294	529	47	TBS	Family Guy	Family Guy	Friends	Friends	Passenger 57 ★★ (1992, Action)			Frasier	Seinfeld
600	564	49	H&G	House Hunters	Buy Me	Holmes on Homes: Lien on Me		Disaster DIY	The Big Flip	Handyman Superstar		Restaurant
627	528	50	SPC	Stargate SG-1		Star Trek: Voyager		Star Trek: Next Gener.		Night Stalker "Three"		Stargate SG-1
581	566	53	MTV	MTV Screen	Cribs	4REAL	Making-Video	The Real World		Made Hip hop dancer.		MTV Live
618	524	54	TROP	Big Screen	Big Screen	ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld	Frasier	Family Guy
522	506	55	HIS	JAG "Close Quarters" (DVS)		The Color of War		Bloody Victory		Crime Stories		JAG (DVS)
129	773	60	CD	Biographies "Daniel Craig"		Parco détec	Les Arna	Dossiers FBI		Escrocs		Maxim Martin-
261	394	61	V	I'll Fly Away		May-December	Keeping Up	Yentl ★★★ (1983, Musical) Barbra Streisand, Mandy Patinkin.				
602	567	62	W	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Wasted!	Save Us-House	House
269	350	70	APTN	Raven Tales	Wapos Bay	Canadian Geographic		A Safer Sex Trade		The Mix (N)	Miywayawin	Moccasin Flats
621	527	71	TLK	Look-A-Like	Hollywood	TMZ (N)	This is Avril	American Idol Extra (N)		The Tonight Show-Jay Leno		This is Avril
603	561	95	FN	Ricardo	Chef at Home	Restaurant Makeover		Unwrapped	Unwrapped	Secret Life of	Secret Life of	Ace of Cakes

critics'corner

CSI: Crime Scene Investigation
Any resemblance to an actual sitcom star is purely coincidental ... maybe. The new episode "Two and a Half Deaths" continues the crossover story begun on "Two and a Half Men." Penned by the sitcom's writers, it has Grissom (William Petersen) and company investigating the murder of a television star (Katey Sagal) who was notoriously difficult to work with. Not that "Two and a Half Men" producer Chuck Lorre would know anything about that. 8 PM on 7 CTV

30 Rock
The grass wasn't greener after all, and Jack (Alec Baldwin) wants out of the yard. When his new political job in Washington, D.C., proves disappointing, Jack schemes with a fellow government worker (Matthew Broderick) to get himself fired. Back in New York, a pregnancy scare has Liz (Tina Fey) feeling the absence of Jack as a friend to lean on. Kenneth (Jack McBrayer) applies to be a page at the Olympics in the new episode "Cooter." 8 PM on 6 SHRO

celebritybuzz

CHARLEY GALLAY/ GETTY IMAGES

Stella calls shotgun on Scarlett's dress

Looks like newly engaged Scarlett Johansson can cross shopping for a bridal gown off her to-do list. "I'm definitely doing her wedding dress," says fashion's Stella McCartney, People.com reports. There's only one hitch before Johansson, 23, gets hitched to fiancé Ryan Reynolds, according to McCartney: "She doesn't know it yet." As for what McCartney has in mind "You know, some kind of dodgy, black thing," McCartney, tongue firmly planted in cheek, joked. "Latex! Latex for Scarlett!" Metro News Services

VINCE BUCCI/ GETTY IMAGES

Lisa Marie feeling 'unusually well'

Pregnant Lisa Marie Presley says she's "feeling unusually well" these days – and addressed an apology issued by Britain's Daily Mail, People.com reports. "I'm feeling unusually well and happy being pregnant thank you," she writes. She added, in reference to the apology over text claiming that Presley was pursuing a poor diet like her late father, Elvis, "when you finally (get an apology) it is never in the same magnitude as slanderous story. Regardless, I accept their attempt at redemption." Metro News Services

MICHAEL BUCKNER/ GETTY IMAGES

Third time a charm?

Charlie Sheen is to wed fiancée Brooke Mueller at the end of the month, imdb.com reports. The couple has told In Touch magazine exclusively that the nuptials will take place on May 30.

Sheen and Mueller met at a party in early 2006, just after Sheen had separated from his then-wife Denise Richards. The Two And A Half Men actor proposed to the real estate agent-turned TV personality last summer.

This will be Sheen's third marriage and Mueller's first.

Metro News Services

MAT SZWAJKOS/ GETTY IMAGES

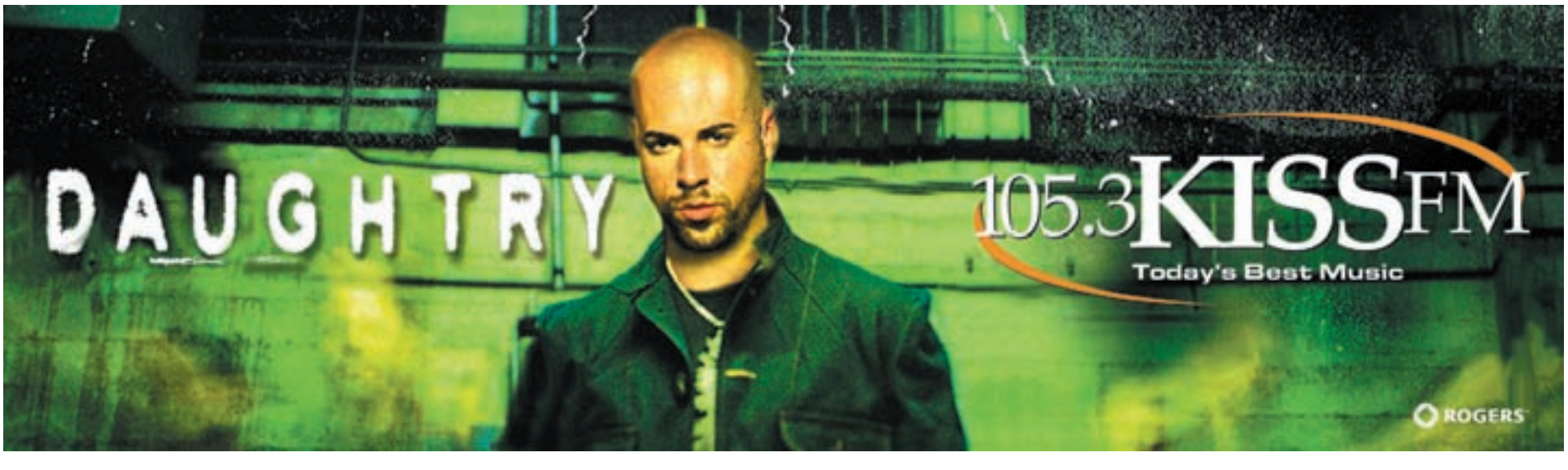
Davis turned to booze?

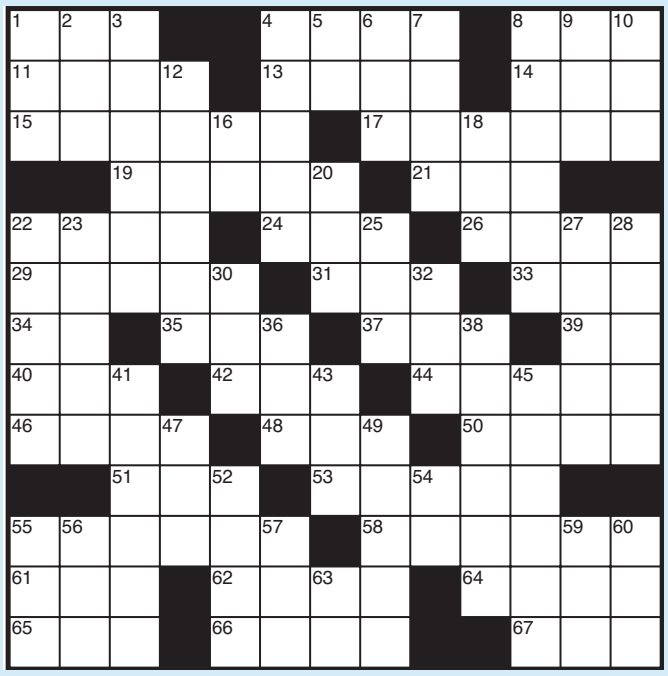
Sex And The City star Kristin Davis regularly drank alcohol because she was "painfully shy" and she was desperate to be more outgoing in her 20s, femalefirst.co.uk reports. "Alcohol freed me. I was really shy and I didn't know how to come out of my shell," she said. Metro News Services

GARETH CATTERMOLE/ GETTY IMAGES

Brown, Rihanna 'very close'

It's as close to a confession she's going to give (for now.) Singer Rihanna has finally admitted that something more than friendship is brewing between her and fellow R&B heartthrob Chris Brown, intouchweekly.com reports. "We've always been friends," she revealed in Elle's June issue, "but we're very close now." Metro News Services





down

1 Haul along
2 Double curve
3 Low cards
4 Mineral analysis
5 Library warning
6 Puffin kin
7 Long river
8 European capital
9 Unit of work
10 Be prone
12 Script lines
16 Nashville loc.
18 Coffee brewer
20 London lav
22 K, to a jeweler
23 Delete a file
25 Did exist
27 Praise
28 Lustrous black
30 Snooze
32 Thing, in law
36 Greet furry friends
38 Come into view
41 Bargain
43 Earth orbiter of yore
45 Heaps
47 Frat-party fixture
49 Sound equipment
52 Advance
54 — -cal
55 Sci-fi computer
56 Charge it
57 Forest grazer
59 Literary collection
60 Harden, as glue
63 CD-ROM unit

across

1 Guided
4 Hot — — oven
8 Blanc or Allen
11 Secondhand
13 Feng —
14 "Exodus" hero
15 Astronauts' gear (hyph.)
17 Inelegant solution
19 Venice feature
21 Be mistaken
22 Hull part
24 Zippy's word
26 Winged Victory
29 Pyromaniac's work
31 Kayaker's need
33 Copy a cassette
34 Egyptian sun god
35 Disparity
37 Diver's milieu
39 Suffice
40 Pale blond
42 Ms. Dawber
44 Bill and coo
46 Veneer wood
48 Holt or Considine
50 Nosegay
51 Hair-styling goo
53 Miffed
55 Kept it all
58 Eucalyptus diners
61 Hole puncher
62 Alaskan seaport
64 Descartes or Coty
65 Sheltered side
66 Rookie socialites
67 Grabbed a chair

previous answer

D	U	D	E	■	Z	I	G	■	O	L	A	F
O	K	R	A	■	E	R	E	■	P	I	L	E
G	E	E	S	■	B	E	N	■	E	D	E	N
■	S	W	E	A	R	■	E	I	N	■	■	■
■	■	■	■	W	A	F	T	S	■	D	E	E
■	L	I	F	E	■	L	I	M	B	I	N	G
P	E	R	U	■	S	A	C	■	Y	O	Y	O
S	N	A	R	I	N	G	■	V	E	R	A	■
I	A	N	■	T	E	S	L	A	■	■	■	■
■	■	■	I	D	A	■	E	N	D	O	W	■
S	W	I	M	■	K	O	A	■	I	R	I	S
H	O	O	P	■	E	H	S	■	B	A	N	E
Y	E	N	S	■	R	O	E	■	S	L	E	W

HOROSCOPE

ARIES | March 21-April 20
Passion will bloom in the blink of an eye. Help someone who is unsettled by changes. A specialist will appear at night time.

TAURUS | April 21-May 21
A confused colleague gets lost in a bureaucratic maze. Toss off a glum expression or you'll be teased. Weather affects your health and wealth.

GEMINI | May 22-June 21
Whatever you do, don't lose your temper. Make some changes in your personal space. Don't get caught trying to influence anyone.

CANCER | June 22-July 22
A rival keeps you from doing something you like. If a man is acting out of self-defence, avoid him. You can get rid of an infection now.

LEO | July 23-Aug. 23
You aren't asking too much from life. Make sure others understand your philosophy. Damning items will be discovered.

VIRGO | Aug. 24-Sept. 22
You have the potential to be more dynamic. A sentimental person wants to see you. Spirits will be dampened by a web of intrigue.

LIBRA | Sep. 23-Oct. 23
Try to appear to be more down-to-earth. Some progress can be made despite opposition. Great new opportunities will be tried out.

SCORPIO | Oct. 24- Nov. 22
A problem is given to you to deal with. Someone needs attention when you're at a deadline. You'll find a way to be more fulfilled.

SAGITTARIUS | Nov. 23- Dec. 21
Don't get lost when giving directions. There's a surprise in store for a friend. Too much eagerness might be counter-productive.

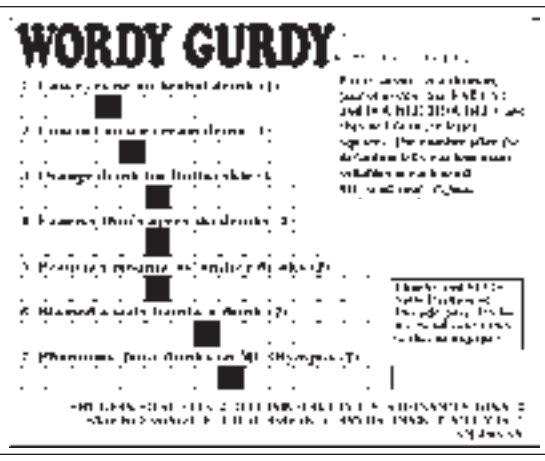
CAPRICORN | Dec. 22-Jan. 20
An allergic reaction is caused by food. A reluctance to commit will lead to a break-up. A brash guy will cause a ruckus.

AQUARIUS | Jan. 21-Feb. 18
A wistful person needs more attention. You'll jump for joy after hearing good news. Don't let your talents waste away from disuse.

PISCES | Feb. 19-Mar. 20
A crazy woman has new tricks up her sleeve. Find yourself a quiet room in which to think. Make resolutions about the future. AVATAR VENUS

For Sale
Global Adaptabilities 3-piece workstation.
- 78" x 78" x 29" high
- Avant Honey color
- 2 Years Old, Barely Used
- You must move it yourself

Price: $800. (or best offer) **Call: 613-236-5058**



3				4				8
6	2						1	7
			5		7			
	4			6			7	3
		7				4		
8	1			3			9	
			1		3			
9	8						5	1
4				9				2

instructions

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time

Under 13 minutes	Genius
13-17 minutes	Scholar
17-21	Smart
21-25	Pretty good
More than 25	Keep practising

previous answer

7	6	5	3	2	8	1	4	9
1	8	3	5	9	4	7	2	6
9	4	2	6	7	1	5	3	8
5	7	1	8	4	3	9	6	2
6	9	4	7	1	2	3	8	5
2	3	8	9	5	6	4	7	1
3	1	6	4	8	5	2	9	7
8	5	7	2	3	9	6	1	4
4	2	9	1	6	7	8	5	3

This Day IN HISTORY

May 8, 1886: Pharmacist John Styth Pemberton invents a carbonated beverage that would later be named Coca-Cola.

May 8, 1919: Edward George Honey first proposed the idea of a moment of silence to commemorate The Armistice of World War I, which later resulted in the creation of Remembrance Day.

May 8, 1933: Mohandas Gandhi begins a 21-day fast in protest of British oppression in India.

Metro News Service

Ottawa weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Friday	Saturday	Sunday
Partly cloudy. 17°	Clear. 6°	Partly cloudy. 17°/ 9°	Partly sunny. 19°/ 9°	Partly cloudy. 20°/ 8°

Temperature Normals
High: 16.8°
Low: 5.2°

Records
High: 30.6°/1939
Low: -3.9°/1950

Sunrise: 5:40 a.m.
Sunset: 8:18 p.m.
Moon does not set
Moonrise: 7:52 a.m.

TWN incorporates MSC data

LOTTO SUPER 7

THIS FRIDAY'S JACKPOT IS $22,000,000

PLAY AS A GROUP FOR MORE CHANCES TO WIN.

LOTTO SUPER 7

Lottery Group Play Form

Estimated Jackpot

$____ Million

Draw Date: _____

NAME	NUMBERS OR QUICK PICK	SIGNATURE	PHONE	$	PAID
1	QUICK PICK				
2	QUICK PICK				
3	QUICK PICK				
4	QUICK PICK				
5	QUICK PICK				
6	QUICK PICK				
7	QUICK PICK				
8	QUICK PICK				
9	QUICK PICK				
10	QUICK PICK				
11	QUICK PICK				
12	QUICK PICK				
13	QUICK PICK				
14	QUICK PICK				
15	QUICK PICK				

Revised 01/05/2004

OLG

SAY YES TO ENCORE

Know your limit, play within it!

Lottery Group Play Form Disclaimer

The Lottery Group Play Form is made available by OLG solely for the convenience of lottery group players. The OLG assumes no responsibility for the entitlement of any prize to any group or group member or for compliance with any laws, which may prohibit or restrict groups playing lotteries. All group members may be required to attend in person to claim major prizes. All group members must be 18 years of age or older.